

1. Baptism
2. The Lord's Supper

**Main Points**

---

"The sacraments are precious means of grace that signify the benefits of the gospel, confirm its promises to the believer, and visibly distinguish the church from the world. The Lord Jesus instituted two sacraments, baptism and the Lord's Supper, for faithful observance by the church until his return."

**SGC Statement of Faith – The Sacraments**

---

1 For I do not want you to be unaware, brothers, that our fathers were all under the cloud, and all passed through the sea, 2 and all were baptized into Moses in the cloud and in the sea, 3 and all ate the same spiritual food, 4 and all drank the same spiritual drink. For they drank from the spiritual Rock that followed them, and the Rock was Christ. 5 Nevertheless, with most of them God was not pleased, for they were overthrown in the wilderness.

**1 Corinthians 10:1-5**

---

9 But you are a chosen race, a royal priesthood, a holy nation, a people for his own possession, that you may proclaim the excellencies of him who called you out of darkness into his marvelous light. 10 Once you were not a people, but now you are God's people; once you had not received mercy, but now you have received mercy.

**1 Peter 2:9-10**

---

"Baptism is a church's act of affirming and portraying a believer's union with Christ by immersing him or her in water and a believers act of publicly committing him or herself to Christ and his people, thereby uniting a believer to the church and marking him off or her from the world."

**Bobby Jamieson, *Understanding Baptism***

38 And Peter said to them, "Repent and be baptized every one of you in the name of Jesus Christ for the forgiveness of your sins, and you will receive the gift of the Holy Spirit. 39 For the promise is for you and for your children and for all who are far off, everyone whom the Lord our God calls to himself. 40 And with many other words he bore witness and continued to exhort them, saying, "Save yourselves from this crooked generation." 41 So those who received his word were baptized, and there were added that day about three thousand souls.

### **Acts 2:38-41**

---

1 What shall we say then? Are we to continue in sin that grace may abound? 2 By no means! How can we who died to sin still live in it? 3 Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? 4 We were buried therefore with him by baptism into death, in order that, just as Christ was raised from the dead by the glory of the Father, we too might walk in newness of life. 5 For if we have been united with him in a death like his, we shall certainly be united with him in a resurrection like his. 6 We know that our old self was crucified with him in order that the body of sin might be brought to nothing, so that we would no longer be enslaved to sin. 7 For one who has died has been set free from sin. 8 Now if we have died with Christ, we believe that we will also live with him. 9 We know that Christ, being raised from the dead, will never die again; death no longer has dominion over him. 10 For the death he died he died to sin, once for all, but the life he lives he lives to God. 11 So you also must consider yourselves dead to sin and alive to God in Christ Jesus. 12 Let not sin therefore reign in your mortal body, to make you obey its passions.

### **Romans 6:1-12**

---

"The reasonable conclusion I gather, about the children of Israel passing through the Jordan is that they knew its significance. It was a dramatic and colorful experience. They knew when they were in the river, knew when they had gotten to the other side, knew it was time and place to put up a monument, and then they marked it as a sign of a clear spiritual event in their lives. If you are not consciously aware that experience took place. I conclude it didn't happen. That sounds reasonable to me."

**A.W. Tozer, *The Need for a Definitive Experience***

17 Now on the first day of Unleavened Bread the disciples came to Jesus, saying, "Where will you have us prepare for you to eat the Passover?" 18 He said, "Go into the city to a certain man and say to him, 'The Teacher says, My time is at hand. I will keep the Passover at your house with my disciples.'" 19 And the disciples did as Jesus had directed them, and they prepared the Passover.

20 When it was evening, he reclined at table with the twelve. 21 And as they were eating, he said, "Truly, I say to you, one of you will betray me." 22 And they were very sorrowful and began to say to him one after another, "Is it I, Lord?" 23 He answered, "He who has dipped his hand in the dish with me will betray me. 24 The Son of Man goes as it is written of him, but woe to that man by whom the Son of Man is betrayed! It would have been better for that man if he had not been born." 25 Judas, who would betray him, answered, "Is it I, Rabbi?" He said to him, "You have said so."

26 Now as they were eating, Jesus took bread, and after blessing it broke it and gave it to the disciples, and said, "Take, eat; this is my body." 27 And he took a cup, and when he had given thanks he gave it to them, saying, "Drink of it, all of you, 28 for this is my blood of the covenant, which is poured out for many for the forgiveness of sins. 29 I tell you I will not drink again of this fruit of the vine until that day when I drink it new with you in my Father's kingdom."

### **Matthew 26:17-29**

---

- a. The Betrayal
- b. The cup and the bread
- c. The celebration of forgiveness
- d. A meal taken regularly
- e. A participation in Christ
- f. A remembrance of Christ's death and a proclamation of his coming Kingdom
- g. The Lord's Supper is taken with the gathered church
- h. Worthy and unworthy manners
- i. Examine yourself

### **The Components of the Lord's Supper**

16 The cup of blessing that we bless, is it not a participation in the blood of Christ? The bread that we break, is it not a participation in the body of Christ? 17 Because there is one bread, we who are many are one body, for we all partake of the one bread.

### **1 Corinthians 10:16-17**

---

"This is the worthiness – the best and only kind we can bring to God – to offer our vileness and our unworthiness to him so that his mercy may make us worthy of him; to despair in ourselves so that we may be comforted in him; to abase ourselves so that we may be lifted up by him, to accuse ourselves so that we may be justified by him; moreover, to aspire to that unity which he commends to us in his Supper; and, as he makes all of us one in himself, to desire one soul, one heart, one tongue for us all. If we have weighed and considered these things well, these thoughts, though they may stagger us, will never lay us low."

### **Calvin Institutes IV-17-42**

---

"So that the washing in water of baptism is, as it were, shewing of Christ before our eyes, and a sensible touching, feeling, and groping of him, to the confirmation of the inward faith, which we have in him. . . . And for this cause Christ ordained this sacrament in bread and wine (which we eat and drink, and be chief nutriments of our body), to the intent that as surely as we see the bread and wine with our eyes, smell them with our noses, touch them with our hands, and taste them with our mouths, so assuredly ought we to believe that Christ is a spiritual life and sustenance of our souls . . . Thus our Saviour Christ . . . hath ordained sensible signs and tokens whereby to allure and to draw us to more strength and more constant faith in him."

**Thomas Cranmer**